



# STELLA MATUTINA COLLEGE OF EDUCATION (AUTONOMOUS)

Re-Accredited (3<sup>rd</sup> Cycle) by NAAC at 'A' Grade

Ashok Nagar, Chennai – 600 083

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## 7.1.8. Documentary Evidence in Support of the Claim

### Efforts to Leverage Local Environment, Locational Knowledge, and Resources

S.No.	List of Activities and Programmes
<b>I</b>	<b>Efforts to Leverage Local Environment</b>
1.	Visit to Old Age Home, Kodampakkam
2.	Visit to Little Sisters for Poor, and Elderly Care Home, Chetpet
3.	Visit to Annai Ullam Old Age Home, Karappakkam
4.	Visit to Annai Anbalayaa, Mylapore
5.	Visit to kakkum karangal Old Age Home, Ashok Nagar
6.	Visit to Satyameta Jayate
7.	Visit to Babies Orphanage, Thomas Mount
8.	Visit to Mercy Home for Old Age
9.	Visit to Manasu Mental Health Charity Home
10.	Visit to ESI Local Community People
11.	Visit to Special School St. Louis Institute for Deaf & the Blind, Adyar, Chennai.
12.	Visit to cancer Institute in Adyar and Government Hospital in Chennai for Music Therapy for Cancer Patients.
13.	Visit to Birla Planetarium, Chennai.
<b>II</b>	<b>Efforts to Leverage Locational Knowledge and Resources</b>
14.	Orientation on Shelter Home Kids Education, Resource Person
15.	Observation of International Yoga Day
16.	Yoga Poster Making Competition
17.	Pledge Against Drug Abuse
18.	Saluting the Spirit of Freedom
19.	Observation of Birth Anniversary of Mahatma Gandhiji

20.	Observation of National Unity Day
21.	Observation of National Press Day
22.	Attended Dr.Kalignar Nootrandu Vizha
23.	Observation of National Constitution Day
24.	Observation of National Solidarity Day
25.	Observation of National Pollution Control Day
26.	Awareness talk on Menstrual Hygiene
27.	Impact of Lifestyle Choices on “Women’s Cancer Risk”
28.	Endorsing Healthy Habits
29.	Awareness on Blood donation
30.	Special talk on International Women’s Day
31.	Workshop on Herbal Wisdom-Nurturing Health in Women
32.	Awareness talk on women and child safety
33.	Awareness drama on Voting
34.	Workshop on the Right to Education
<b>III</b>	<b>Efforts to Leverage Community Practices and Challenges</b>
35.	Serving with Gypsy and Irular Tribes, Tirukazhukundram by NSS Volunteers.
36.	Free Eye Checkup Camp
37.	Observed World AIDS day : Face Painting competition
38.	Observed World AIDS day : Rangoli competition
39.	Stall - Vanamalar Transgender Team
40.	Observed Deworming Day
41.	Campaign on Voting
42.	Observed Clean India Mission
43.	"My Vote My Duty" - Street Drama
44.	Gandhi mandapam cleaning
45.	Medical Camp
46.	Marina Beach Cleaning
47.	G2N - Clothes Donation Camp
48.	Groceries Distribution
49.	Free Eye Check-up Camp
50.	Awareness Rally on Blood Donation



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## Efforts to Leverage Local Environment

### Visit to Old Age Home -22.12.2023

On December 22, 2023, the NSS Unit of Stella Matutina College of Education organized a visit to the Old Age Home, Kodampakkam. The event aimed to extend care and companionship to the elderly residents of the home. Students engaged in heartfelt conversations with the residents, listening to their stories and experiences. The NSS volunteers presented cultural performances, including songs and dances, bringing smiles and joy to the elderly. - Essential items such as toiletries, blankets, and clothing were distributed among the residents.



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## Visit to an Elderly Care Home - 12.01.2024

The NSS Unit of Stella Matutina Education visited Little Sisters for the Poor, an elderly care home on 12<sup>th</sup> January 2024. They warmly interacted with each resident, lending an ear to their stories, and absorbing insightful life wisdom. To uplift spirits, the students performed dances, sang melodies, and organized enjoyable games. Additionally, they generously contributed provisions and clothing to the home. The management expressed profound gratitude for the vibrant atmosphere fostered during the visit. This experience provided invaluable exposure for the students, enriching their understanding of compassion and solidarity with the elderly, and leaving a lasting impact on both parties involved.



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## Visit to Annai Ullam Old Age Home -27-04-2024

The NSS Volunteers visited Annai Ullam Karappakkam on April 27, 2024. The primary objective of the activity was to contribute clothes for the forthcoming G2N event, showcasing the team's commitment to social responsibility and community welfare. In addition to the clothes donation, the team organized a vibrant dance event aimed at bringing joy and entertainment to the elderly residents



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## Visit to Annai Anbalayaa- 27-04-2024

NSS volunteers of Stella Matutina College of Education visited Annai Anbalayaa. This initiative aimed to provide support and assistance to those in need within the community. This act of kindness not only provides much-needed material support to those elderly ladies but also fosters a sense of emotional connection and care within the community. The primary objective of the donation drive was to contribute towards the well-being and comfort of the residents of Annai Anbalayaa Trust by providing them with essential clothing items.



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## Visit to Old age Home (Kakkum Karangal) -11.05.2024

The NSS volunteers of Stella Matutina College of Education visited Kakkum Karangal Old Age Home for a clothing donation drive. It was admirable compassion and social responsibility. This act of kindness not only provides much-needed material support to the elderly residents but also fosters a sense of connection and care within the community. By dedicating their time and effort to this cause, the volunteers exemplify the importance of empathy and solidarity in creating a more inclusive and supportive society.



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## Visit to Satyameta Jayate Home- 18.05 2024

NSS volunteers from Stella Matutina College of Education organized a charitable event to donate clothes to Satyameta Jayate Charitable Trust, as part of their community outreach program. The event began with a campus-wide clothes collection drive, where students and faculty enthusiastically contributed clothing items. Volunteers diligently sorted and packaged the donated clothes, ensuring they were clean and in good condition for donation. Representatives from Satyameta Jayate Charitable Trust, who gratefully received the contributions.



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## Visit to old age home- 12.01.2024

The RRC club of Stella Matutina Education visited Little Sisters for the Poor, an elderly care home. They warmly interacted with each resident, lending an ear to their stories and absorbing insightful life wisdom. To uplift spirits, the students performed dances, sang melodies, and organized enjoyable games. Additionally, they generously contributed provisions and clothing to the home. The management expressed profound gratitude for the vibrant atmosphere fostered during the visit. This experience provided invaluable exposure for the students, enriching their understanding of compassion and solidarity with the elderly, and leaving a lasting impact on both parties involved.



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## Visit to Babies Orphanage - 12.01.2024

Stella Matutina College of Education organized "A Day of Joy, Hope, and Cuddles at the Babies' Haven!" at St. Thomas Mount's Babies' Home. As part of the RRC's commitment to social responsibility, students and staff aimed to bring happiness and hope to the infants. Activities included playing, singing, dancing, and storytelling, creating a joyful atmosphere. Contributions included essential items like diapers, books, and baby wipes. The students also performed cultural programs and interactive games, enriching the experience for both the babies and themselves. The event highlighted the importance of community engagement, nurturing environments for infants, and the role of educational materials in child development, reaffirming the college's dedication to empathy and kindness.



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## Visit to Old Age Home- 12.01.2024

The Youth Red Cross (YRC) members of Stella Matutina College of Education visited Mercy Home in Kilpauk, Chennai on 12th January 2024. The visit was organized to foster a sense of empathy and compassion among students while spending quality time with the elderly residents of the home. YRC members also gave essential items such as groceries, personal hygiene products, and blankets to the inmates. The students conducted a small cultural program featuring songs and dances, which brought smiles and joy to the residents. It reminded the students of the importance of caring for the elderly in society and left a lasting impact on both the residents and the volunteers.



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## Manasu Mental Health Charity Home - 12.01.2024

The Women's Cell students of SMCE visited *Manasu*, a home for Children with Mental Retardation on 12th January 2024, as part of their community outreach initiative. The visit aimed to raise awareness about mental health issues and provide emotional support to the residents, fostering empathy and understanding among the students. The staff shared valuable insights about the importance of mental health care, the therapies used to aid recovery, and the ongoing struggles faced by the residents. The students engaged in various interactive activities with the residents, including storytelling, music, and games, which helped to create a positive and joyful atmosphere. They also took the time to listen to the residents, offering companionship and encouragement. The visit concluded with the students expressing their gratitude to the staff for their dedicated work and promising to continue supporting mental



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## Visit and Donation of Old Clothes - 13.05.2024

The NSS Volunteer Team of SMCE conducted a significant clothes donation drive for roadside people near the Employee's State Insurance (ESI) premises. The initiative aimed to provide essential clothing to individuals in need, engage with the community directly, and raise awareness about the challenges faced by homeless and low-income individuals. Volunteers collected clothes through donation bins and contributions from friends, family, and local businesses. The clothes were meticulously sorted by size, type, and condition to ensure they were clean and suitable for donation. Permissions were obtained from local authorities



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## Field Visit to St. Louis Institute of Deaf and Blind – 10.10.2023

On October 10, 2023, the first-year 180 B.Ed. students from Stella Matutina College of Education visited the St. Louis Deaf and Blind School in Adyar to gain practical insights into inclusive education and specialized teaching methods for students with sensory impairments. The students were warmly received and given a tour of the school's facilities, which were equipped with adaptive technologies like braille and sign language tools. The B.Ed. students observed classes, learning about the multi-sensory teaching methods used by the teachers, including sign language, tactile aids, and braille. Interaction with the deaf and blind students allowed them to appreciate their resilience. This visit significantly enriched their understanding of inclusive education, fostering a deeper respect for the teachers and students alike.

### Outcome of the Visit

The visit enhanced B.Ed. students' understanding of inclusive education, inspiring them to adopt specialized teaching methods for sensory-impaired students.



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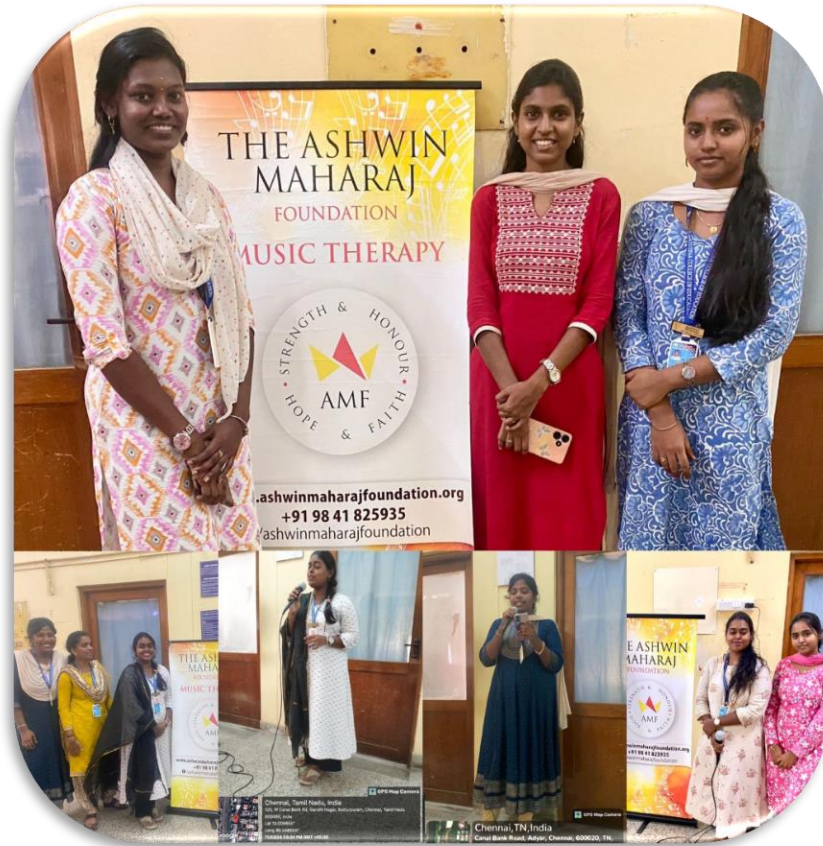
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## Music Therapy for Cancer Patients

Students teachers of Stella Matutina College of Education in collaboration with the Ashwin Maharaja Foundation (AMF) organized a volunteering initiative and music therapy for cancer patients. Six NSS volunteers visited the Adyar Cancer Institute, where they distributed health mix powder to the patients. Additionally, four volunteers conducted music therapy sessions. The volunteering sessions spanned three hours each, while the music therapy sessions were scheduled for two hours.



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## Field Visit to Birla Planetarium – 13.03.2024

On March 13, 2024, 190 teacher trainees from Stella Matutina College of Education visited the Birla Planetarium in Chennai for an enriching field trip. The highlight of the visit was an immersive show on the formation of the universe and the solar system. Through stunning visuals and detailed explanations, the trainees gained a deeper understanding of celestial bodies, the Big Bang theory, and planetary movements. Another major attraction was the Science Park, featuring interactive exhibits on space exploration and scientific phenomena. This visit was highly beneficial for teacher trainees, offering them a unique, practical learning experience. The knowledge gained will enable them to teach complex topics in science and astronomy more effectively, making learning engaging and inspiring for future students.

### Outcome of the program:

The visit enhanced teacher trainees' understanding of astronomy, empowering them to teach complex scientific concepts more effectively and engagingly.



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## II. Efforts to Leverage Locational Knowledge and Resources

### Orientation on Kids Home Education-05.06.2023

The NSS unit of SMCE conducted an orientation on shelter home kids' education in collaboration with Bhumi NGO. Ms Ranjitha from Bhumi was the resource person for the event. She started her session with a little game which made our volunteers enthusiastic towards the session. She talked about the importance of kids' education, and how Bhumi functions to shelter home education. She motivated us to participate in shelter home education by volunteering as a teacher. All the students registered in Bhumi website for teaching the kids in the shelter home.



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## International Yoga Day-21.06.2023

NSS volunteers of SMCE assembled in Lourdes Hall at 9.15 AM and did Yoga with the guidance of the college Physical directress Dr. J. Jain Shanthini. The staff also participated in the Yoga session. To commemorate this day an online quiz was organized for college students. Successful participants received e- certificates.



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## Yoga Poster Making Competition-23.06.2023

NSS volunteers of SMCE participated in a Yoga poster-making competition. The theme for International Yoga Day 2023 is "Yoga for Vasudhaiva Kutumbakam." The competition started at 11.30 AM. The duration of poster making was one hour. The posters were displayed. The students and teachers of KK Nirmala Girls Higher Secondary School were invited to our college to see the posters at 1.15 PM. Awareness about yoga was given to the students. The day finished with a little interaction with a student and ended with a vote of thanks.



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## Pledge Against Drug Abuse - 11.08.2023

NSS Volunteers of SMCE took the pledge against drug abuse along with our Secretary, Principal, and Professors at 10:30 am. The pledge insisted on how an individual should stand against drug abuse and drug users. The way to express an individual's denial against the production of narcotic substances which is destroying a large number of human lives. As an individual, the student teachers pledged to spread awareness among their upcoming future generations and their surroundings to understand the cause of this serious issue.



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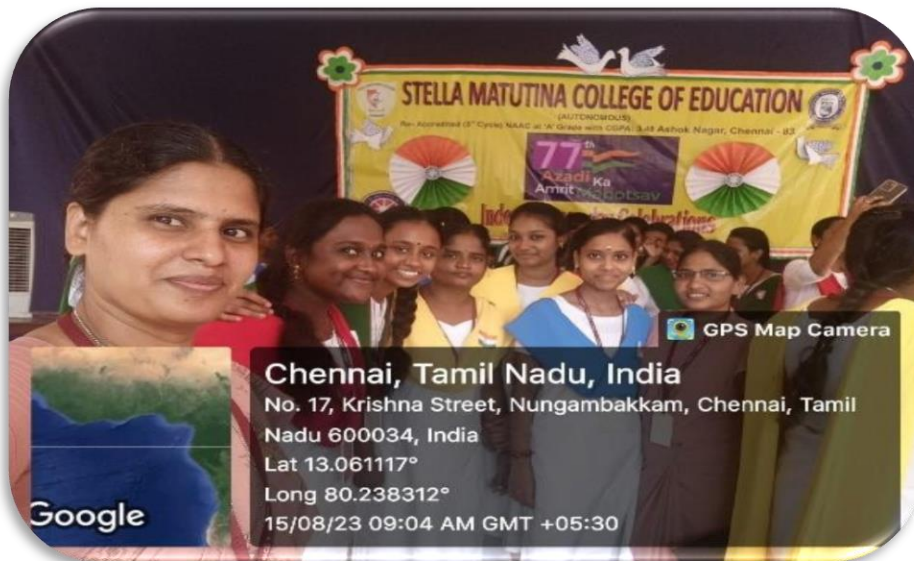
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## Saluting the Spirit of Freedom -15.08.2023

**Independence Day Celebration-**The 77th Independence Day was celebrated with great enthusiasm and patriotic fervour at Stella Matutina College of Education in Ashok Nagar, Chennai On 15<sup>th</sup> August 2023. The event was meticulously organized to honor and commemorate India's journey towards freedom and to instill a sense of pride and patriotism in the hearts of all attendees. The chief guest of the event, Dr. Sr. Ruby Alangara Mary, Secretary of Stella Matutina College of Education, delivered an insightful speech on nurturing responsible citizens who will contribute positively to the country's growth and progress.



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## Birth Anniversary of Mahatma Gandhiji - 02.10.2023

Tamil Nadu Teachers Education University, NSS Conducted a n E-Essay Writing Contest on the account of the birth anniversary of Mahatma Gandhi for the NSS volunteers of Stella Matutina College of Education. All students participated enthusiastically. Students have submitted their articles via the link. Each participant received an e-certificate.



**TAMIL NADU TEACHERS EDUCATION UNIVERSITY**  
**NATIONAL SERVICE SCHEME**

October  
02  
2023

*Cordially invites you to participate in the*  
**ESSAY WRITING CONTEST**  
*on account of*  
**BIRTH ANNIVERSARY OF MAHATMA GANDHI**



**GUIDELINES FOR PARTICIPATION**

1. B.Ed and M.Ed students, Research scholars, Teaching faculties of Affiliated college of Education and other colleges can participate in the contest.
2. The participants should write a essay on the theme 'FATHER OF OUR NATION' and post it in the pdf format in the link given below.
3. e-Participation certificates will be provided for all the participants.
4. Participants should post their essay on or before 02-10-2023, 6.00PM.
5. The link to participate in the contest is <https://forms.gle/4D1WBUzEgTD69kWA8>

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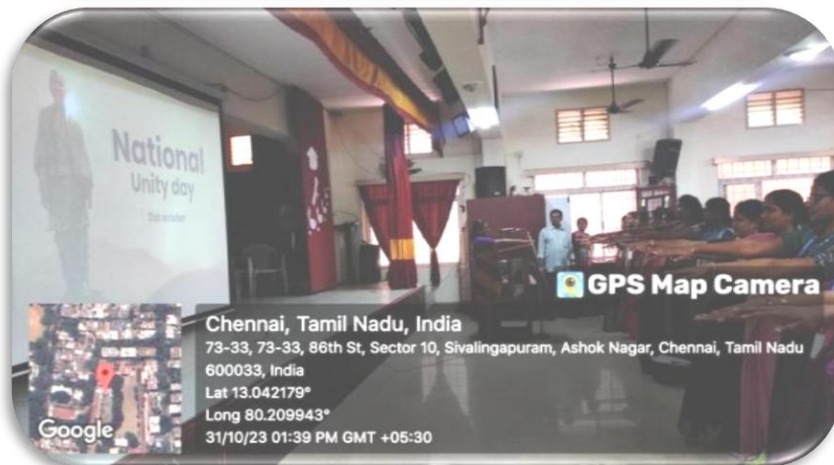
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## National Unity Day-31.10.2023

Rashtriya Ekta Diwas (National Unity Day) was conducted at Stella Matutina College of Education on 31st October 2023 to reinforce our dedication to preserve and strengthen the unity, and integrity of our nation. The occasion provided an opportunity to reaffirm our nation's inherent strength and resilience to withstand the actual and potential threats to our country's unity, integrity, and security. The NSS student volunteers and student teachers took the pledge to preserve the unity and integrity of the nation and spread this message among the countrymen.



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## National Press Day-16.11.2023

On November 16th National Press Day was celebrated during assembly at Stella Matutina College of Education to honor the formation of the Press Council of India. This occasion serves as a poignant reminder of the significance of an independent and accountable press in a democratic community. It offers a chance to contemplate the obstacles encountered by the media sector, applaud journalistic accomplishments, and underscore the pivotal role of the press in upholding democracy and advocating for transparency. Commemorative activities on National Press Day typically encompass dialogues, workshops, and accolades acknowledging remarkable contributions to journalism.



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## Dr. Kalignar Nootrandu Vizha - 25.11.2023

Students from the Women's Cell of our college recently attended a significant government programme, which brought together key figures from various industries, media, and press, along with numerous ministers and students from different colleges. The event began with an exhibition showcasing the numerous welfare schemes introduced by the late leader, Dr. Kalaignar Karunanidhi. The exhibition provided valuable insights into various welfare initiatives, industry-oriented developments, and educational programs aimed at benefiting different sectors of society. Students had the opportunity to learn about important schemes such as the *Naan Mudhalvan* scheme, entrepreneurship development programs, and concessions



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## National Constitution Day-27.11.2023

The Constitution Day was held on 27th November 2023. It was presided over by the secretary, Rev. Dr. Sr. Ruby Alangara Mary, and the Principal, Dr. Joseph Catherine. An oath of the constitutional preamble was taken by the students, which was led by Ms. S. P. Keethana, Preethi belonging to the Department of Mathematics. The students followed her and repeated the oath.



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## National Solidarity Day-29.11.2023

The NSS unit of Stella Matutina College commemorated the International Day of Solidarity on November 29, 2023, with a series of impactful events and activities aimed at promoting unity and collaboration. The day commenced with a special assembly where the significance of solidarity in fostering peace and understanding among nations was highlighted. The day culminated with a solemn solidarity pledge, where students and faculty reaffirmed their commitment to stand united in the face of challenges, to promote peace, equality, and justice for all.



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## National Pollution Control Day-2.12.2023

The NSS unit of Stella Matutina College organized an online quiz to commemorate Pollution Control Day. The event aimed to raise awareness about the importance of controlling pollution, its impact on the environment, and the steps individuals can take to mitigate it. The primary objective of the quiz was to educate participants about the various types of pollution, their causes, effects, and most importantly, the solutions to curb them. By engaging in this quiz, participants were encouraged to become more conscious of their actions and their role in preserving the environment.

**National Pollution Prevention Day**

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**CORDIALLY INVITE B.ED STUDENTS FOR POLLUTION ON CONTROL DAY**

**POLLUTION ON CONTROL DAY**

**PATRON**  
REV. DR. SR. RUBY ALANGARA MARY,  
SECRETARY

**CONVENOR**  
DR. MRS. JOSEPH CATHERINE,  
PRINCIPAL

**ON 02-12-2023 TUESDAY IN THE PREMISES OF STELLA MATUTINA COLLEGE  
CHENNAI - 83**

**NSS COUNCIL MEMBERS:**  
DR. MRS. B. ANNAPOORANI - COORDINATOR  
MISS. AMALORPAVA MARY K - STUDENT REPRESENTATIVE

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## Awareness of Menstrual Hygiene - 04.01.2024

RRC of SMCE conducted a Menstrual Hygiene Program, led by Ms. Regina, CEO of Englang Cafe, which successfully heightened awareness and understanding of menstrual health. Through expert-led sessions, participants gained insights into hygiene practices and debunked myths, learning practical tips for stress-free menstrual days and maintaining a healthy lifestyle. Interactive discussions, including student teachers, fostered diverse perspectives and insightful dialogue. As a gesture of support, sample Whisper sanitary pads were distributed to all attendees. Equipped with valuable knowledge, participants left empowered to combat menstrual stigma. The program's impact transcends mere education, catalysing a cultural shift towards greater acceptance and support for menstrual health.



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## Impact of Lifestyle Choices on “Women’s Cancer Risk”-08.02.2024

The Youth Red Cross (YRC) Club of our college organized an insightful awareness talk on women's cancer risks on 08.02.2024. The event featured an expert speaker Dr. P. Jovita M Martin Daniel, Senior Consultant in Medical Oncology from the prestigious MGM Cancer Institute. The session aimed to educate students and staff about the increasing risks of cancer in women and the importance of early detection and preventive measures. Dr. Jovita began the talk by highlighting the most common cancers affecting women, including breast cancer, cervical cancer, and ovarian cancer. She explained the various risk factors associated with these cancers, such as genetic predisposition, lifestyle choices, hormonal influences, and environmental factors. The session concluded with a strong message about self-examination and awareness, empowering the audience to take proactive steps toward their health.



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## Endorsing Healthy Habits - 28.02.2024

The college administration implemented a hydration initiative to promote healthy habits among students during the summer season. Through scheduled reminder bells at 11 a.m. and 2 p.m., students were prompted to drink water, ensuring they maintained adequate hydration levels throughout the day. This initiative sought to address concerns about potential health issues arising from dehydration during warmer weather. The outcomes of the hydration initiative have been notably positive. Positive feedback from students indicates appreciation for the reminders and recognition of the initiative's impact on their overall well-being, leading to a decrease in dehydration-related health issues such as fatigue, headaches, and dizziness.



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## Awareness on Blood Donation- 07.03.2024

The Women Cell Committee of Stella Matutina College of Education successfully organized a blood donation campaign on 07.03.2024 in collaboration with K.D. Santhosh Kumar, Public Relations Officer of Madras Egmore Lions Blood Bank and Research Foundation, Chennai. The event aimed to promote the noble cause of blood donation and contribute to the community's healthcare needs. The initiative resulted in a significant number of blood donations, contributing to the blood bank's reserves for emergencies and medical treatments. The event concluded with words of appreciation from the organizers and a pledge by participants to continue supporting such humanitarian causes in the future. The Women Cell Committee expressed its gratitude to all volunteers and donors for their active involvement, making the event a great success.



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## Celebration and Special talk on International Women's Day - 08.03.2024

The Women Cell Committee of Stella Matutina College of Education celebrated International Women's Day 2024 with great enthusiasm on March 8, 2024. The highlight of the event was an inspiring talk by the distinguished resource person, Nivedita Louis, a renowned writer, social activist, and feminist historian. She highlighted on historical struggles and triumphs of women in society and the importance of continuing the fight for gender equality. Her speech resonated with the audience as she discussed key issues affecting women today and emphasized the need for greater representation of women in leadership roles across various sectors. The program also included cultural performances. The event not only celebrated the achievements of women but also encouraged everyone to continue advocating for women's rights and equality.



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## Nurturing Herbal Wisdom in Women - 08.03.2024

On March 8th, the Eco Club of our institution orchestrated a remarkable event titled "Herbal Wisdom: Nurturing Health in Women." This event was meticulously designed to accentuate the importance of kitchen gardening while imparting knowledge about the health benefits associated with specific plants, particularly focusing on women's well-being. They emphasized that cultivating one's herbs and plants not only contributes to environmental conservation but also fosters a healthier lifestyle. Among these were Pirandai, Mudakathan, Ranakalli, Mint, and Money Plant, each of which was meticulously discussed. Detailed insights into the health benefits and culinary applications of these plants were provided, enlightening attendees on their potential to enhance overall well-being.



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## Awareness on women and child safety - 20.03.2024

The Women Cell of Stella Matutina College of Education organized a special talk to mark International Women's Day on March 20, 2024. The event focused on raising awareness about women and child safety, and it was coordinated by Dr. C. Bagyalakshmi. The distinguished resource person for the event was A.S. Kumari from the Tamil Nadu Women's Commission. Ms. Kumari delivered a compelling talk on the importance of safeguarding women and children in our society. Her presentation highlighted key issues related to safety, legal protections, and preventive measures that individuals and communities can adopt to create a safer environment. Ms. Kumari discussed various strategies for protecting women and children from abuse and exploitation, emphasizing the role of education and awareness in empowering individuals to stand up against such issues. She also provided valuable insights into the legal frameworks and resources available for victims seeking help and support.



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## International Day of Forest - 21.03.2024

The Eco Club hosted a video presentation titled "Blossoming Communities: Seedball Dispersal for a Greener Tomorrow," on March 21st, 2024, emphasizing the crucial role of seed balls in environmental conservation. The aim was to educate viewers about how seed balls foster biodiversity, restore ecosystems, and tackle environmental challenges. The presentation provided insights into the composition and purpose of seed balls, elucidating their function as protective vessels for seed germination in various environments.



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## Awareness Drama on Voting - 16.04.2024

The "Be Bright Vote for the Right" street play was organized by the NSS unit of Stella Matutina College to create awareness among students about the importance of voting and their civic responsibility as citizens of the country and to encourage them to participate actively in the electoral process. The street play portrayed scenarios highlighting the significance of voting in a democracy. It showcased the power of every vote and how it contributes to shaping the nation's future.



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## Workshop on the Right to Education -29.04.2024

A workshop on the Right to Education was organized by Stella Matutina College of Education in Collaboration with Bhoomi Foundation, Mr. Raja S. Pandian, Manager at Ecochamp project a resource person. With his expertise and experience in educational initiatives, Pandian likely provided valuable insights and perspectives on the legal framework, policy implications, and practical implementation strategies related to the Right to Education Act.





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## III. Efforts to Leverage Community Practices and Challenges

### Visit to Thirukazhukundram Village -22.07.2023

The NSS unit of SMCE planned for a village visit on July 22<sup>nd</sup>, 2023. The NSS Volunteers and the staff went to the Thirukazhukundram village at 10.00 AM. The children were given awareness about the importance of Education. Biscuits and other eatables were distributed to them. The students then interacted with the women about health hygiene, and distributed sanitary napkins to them.



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## Free Eye Checkup Camp - 25.10.2023

Youth Red Cross in collaboration with Vasana Eye Care Clinic organised a free eye check-up camp at Stella Matutina College of Education. The doctors examined the eye health condition of every student, staff, and community people and informed them of any vision problems they were experiencing. If they wanted to get a second opinion, they were encouraged to visit any Vasana Eye Care Clinic near their location. Additionally, the students were given a discount coupon card, and one accompanying person could also receive a free check-up.



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## World AIDS Day: Face Painting Competition - 01.12.2023

World AIDS Day at Stella Matutina College of Education (SMCE), led by the Red Ribbon Club (RRC), was a vibrant and meaningful event centered around the theme “Let Communities Lead.” The activities were designed to raise awareness about AIDS through various creative expressions, with a notable highlight being the face-painting session. During this session, students used their artistic talents to create designs that conveyed important messages about AIDS, skillfully merging cultural artistry with educational content. Through these efforts, the celebration successfully combined creativity with social responsibility, making a lasting impact on all participants.



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## World AIDS Day: Rangoli Competition - 01.12.2023

Stella Matutina College of Education (SMCE) celebrated World AIDS Day with a series of impactful activities organized by the Red Ribbon Club (RRC). Under the theme “Let Communities Lead,” the event aimed to raise AIDS awareness through creative expression. Significant events included a Rangoli competition, where students showcased their artistic skills. Each Rangoli design conveyed a message about AIDS, blending cultural artistry with educational content. The students participated with enthusiasm and passion, contributing to a vibrant and meaningful awareness campaign. The event successfully underscored the theme by empowering students to take a leading role in promoting AIDS awareness within their community, merging creativity with social responsibility.



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## Vanamalar Transgender Team-17.02.2024

On the 17th of February 2024, the NSS Unit of Stella Matutina College of Education organized a stall in collaboration with the Vanamalar Team, focusing on transgender stalls. This event aimed to create awareness, promote inclusivity, and provide a platform for the transgender community to showcase their products. To provide a platform for transgender individuals to showcase and sell their accessories. To empower the transgender community economically and socially through entrepreneurship.



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## Deworming day - 19.02.2024

The NSS unit of Stella Matutina College organized a Government Insect Tablet Deworming Day on February 19, 2024. This initiative was undertaken as part of the NSS commitment to community health and welfare. The event aimed to educate and provide necessary deworming treatment to the community, particularly student teachers, to combat parasitic infections. The primary objective of the event was to distribute and administer government-provided insect tablets to prevent and treat worm infestations.



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## Campaign on Voting - 04.03.2024

The NSS unit of TNTEU organized an online "My Vote My Duty" essay contest to promote voting awareness among students. The contest, held on 04-03-2024, received enthusiastic participation from students across various disciplines. NSS students of SMCE participated in the contest and wrote essays on the importance of voting and its impact on society. The contest successfully raised awareness about voting significance and engaged students in democratic values. It served as a platform for students to reflect on the democratic process, understand the importance of voting rights, and recognize their role in shaping the future of the nation through responsible citizenship.



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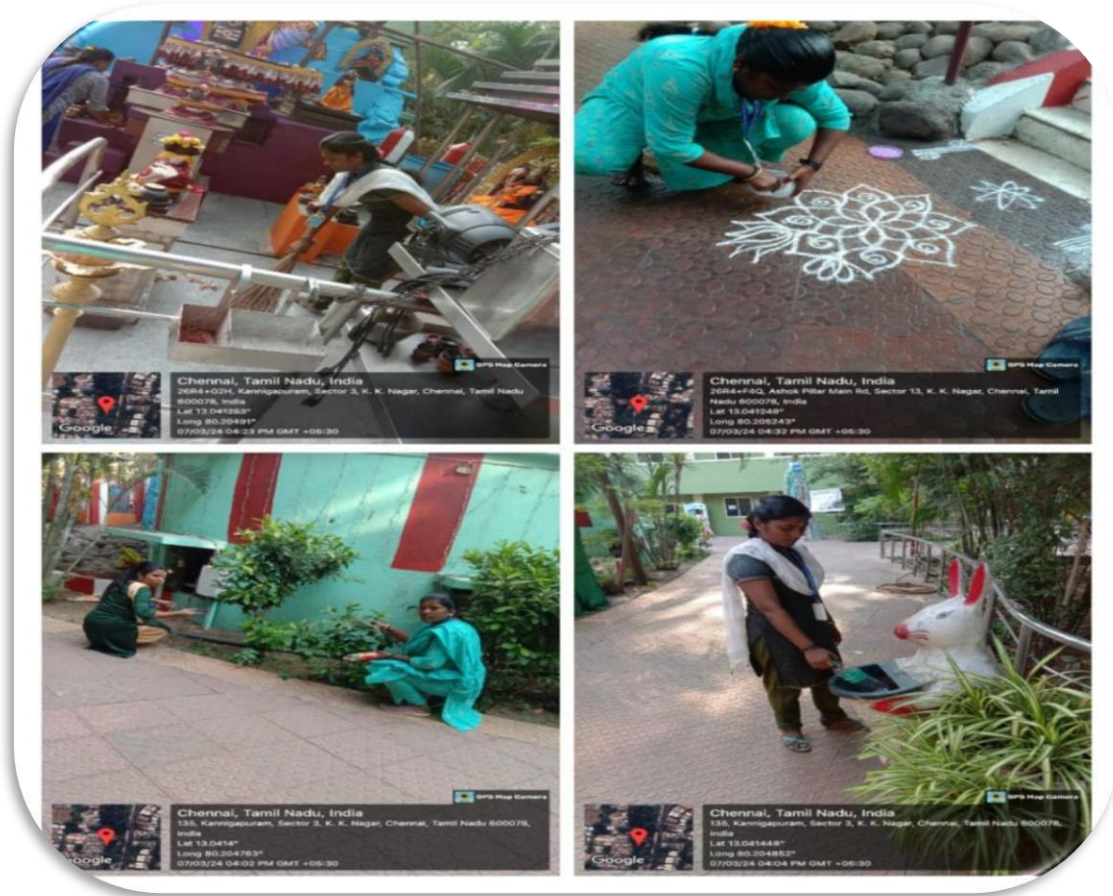
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## Clean India Mission - 06.03.2024

The NSS unit of Stella Matutina College of Education organized a park and temple clean on 6<sup>th</sup> March 2024 as part of its community service initiatives. The event aimed to promote cleanliness, environmental awareness, and community engagement among students. The NSS unit conducted meetings to plan the logistics, assign responsibilities, and ensure the smooth execution of the clean-up drive. Volunteers were briefed about safety protocols, waste segregation practices, and the significance of their participation. The NSS volunteers actively participated in every aspect of the clean-up drive.



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## Street Play on My Vote My Duty - 08.03.2024

The "My Vote My Duty" street drama organized by the NSS unit of Stella Matutina College of Education fosters civic consciousness and empowers individuals to exercise their right to vote responsibly. Such initiatives play a crucial role in building a more informed and participative society, contributing to the overall development of our democratic ethos. The performance was meticulously planned and executed, showcasing the creativity and dedication of the NSS team. The drama highlighted various aspects related to voting rights, democratic values, and the role of citizens in shaping the nation's future through their votes.



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## Gandhi Mandapam Cleaning-13.03.2024

Stella Matutina College of Education organized a cleanliness drive at Gandhi Mandapam, The initiative aimed to contribute to the Swachh Bharat Abhiyan and promote environmental awareness among the community. NSS volunteers, along with faculty members, actively participated in the event. The cleaning activities included sweeping the premises, collecting litter, removing debris, and beautifying the surroundings of Gandhi Mandapam. The volunteers were divided into teams and assigned specific areas to ensure efficient and thorough cleaning.



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## Medical Camp - 22.03.2024

The National Service Scheme unit of Stella Matutina College of Education in collaboration with MGM Hospital organized a health checkup camp on 22nd March 2024. The event aimed to promote healthcare awareness, provide basic medical screenings, and encourage preventive healthcare practices in the community. The camp offered various health services, including general health checkups, blood pressure monitoring, blood sugar testing, BMI calculations, and basic medical consultations. Participants were welcomed and registered upon arrival, after which they underwent a series of health assessments based on their age, gender, and medical history. The medical screenings were conducted systematically, with volunteers assisting in organizing and managing the flow of participants to different stations within the camp.



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## Cleaning Marina Beach- 22.03.2024

The National Service Scheme of Stella Matutina College of Education organized a beach cleaning drive on 22nd March 2024. The event aimed to promote environmental conservation, raise awareness about marine pollution, and encourage community participation in maintaining the cleanliness of coastal areas. The beach cleaning activity commenced at 07:15 am and continued for 2 hours. NSS volunteers, along with faculty members and local volunteers, actively participated in the initiative. The cleanup efforts included removing plastic waste, picking up litter, clearing debris, and ensuring the beach area was free from pollutants. Teams of volunteers were assigned specific zones along the beach to ensure comprehensive cleaning. They used gloves, trash bags, and other necessary equipment to safely collect and dispose of the waste.



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## Donation of Clothes (G2N) - 03.04.2024

The clothes donation camp was organised by NSS volunteers of Stella Matutina College of Education. Volunteer engagement was robust, with a diverse group of students, faculty, and community members coming together to support the cause. Donor participation was encouraged through various incentives, resulting in a significant collection of gently used clothes. Gratitude is extended to all individuals, organizations, and sponsors whose contributions were instrumental in making the event a success.



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## Groceries Distribution -13.05.2024

The grocery donation drive at Stella Matutina College of Education has the potential to cultivate long-lasting partnerships with local charities and governmental agencies, thereby strengthening the college's ties with the broader community. By organizing such initiatives, the college not only addresses immediate needs but also instills values of empathy, compassion, and collective action among student teachers.



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## Eye Check-up Camp - 22.03.2024

The Youth Red Cross (YRC) Club of SMCE College, in collaboration with Vision Expert Eye Hospital, organized a free eye check-up camp on 22nd March 2024. The camp was aimed at raising awareness about eye health and providing free eye care services to students, staff, and the local community. A team of experienced optometrists and ophthalmologists from Vision Expert Eye Hospital conducted the check-ups. The YRC volunteers efficiently managed the camp, assisting the medical team and ensuring a smooth flow of participants. They also distributed informative pamphlets on eye care, emphasizing the importance of regular eye check-ups and preventive measures to protect vision.



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## Blood Donation Awareness - 23.04.2024

The National Service Scheme of SMCE organized a successful Blood Donation Rally on April 23, 2024. The event aimed to raise awareness about the importance of blood donation and encourage students and faculty to contribute to this noble cause. The rally began with an inauguration ceremony, presided over by the Principal of SMCE, who emphasized the significance of regular blood donation in saving lives. Volunteers from NSS played an active role in promoting the event, distributing informative pamphlets, and guiding participants.



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